

The Senior Scoop

LIONS CLUB PARK SENIOR CENTER

JANUARY 2017

JANUARY EVENTS

TAX TIME IS HERE!!!

Volunteers are needed to assist individuals with their tax forms. If you're interested in being an AARP Tax Aide Volunteer or part of the program, please contact Dave Kowaleski at 634-6289 for more information.

Returning AARP Tax Aide Volunteer Counselors, please attend the general meeting at the Lions Club Park Sr. Center (Craft Rm 1) on Wed., January 18 from 8:30a.m.-12:30p.m.

New AARP Tax Aide Volunteers will need to attend the Tax Aide Counseling Training Course at the Lions Club Park Sr. Center (Craft Rm 1) Monday thru

Friday, January 9-13 from 8a.m.-4p.m.

TAX COUNSELING FOR SENIORS

will be held at the Craft Room 1 **Lions Club Park Sr. Center EVERY WEDNESDAY and FRIDAY from 8a.m.-1p.m.** Beginning the first week in February (Wed., Feb. 1st and Fri. Feb. 3rd) and will continue each week until Friday, April 14th.

Note: Please have last year's tax return, your Social Security card or Medicare card when you come, as well as any tax pertinent forms you have received in the mail. Please sign in upon arrival. Participants will be seen in the order in which they sign in.

Dances

Tuesdays 6:30-9:30p.m.

Admission: \$4 pp

Please bring snack to share / Adult guests of members welcome.

JANUARY 3 DR. J - BEST OF THE BEST

JANUARY 10 WALTER SCHUPP - COUNTRY MUSIC

JANUARY 17 ROGER CRAGER - COUNTRY MUSIC

JANUARY 24 PAUL WIKOFF- BEST OF COUNTRY

JANUARY 31 PAUL RACICOT- LATIN DANCE NIGHT

"Champions aren't made in gyms.

Champions are made from something they have deep inside them a desire, a dream, a vision. They have to have the skill and the will. But the will must be stronger than the skill."

— *Muhammad Ali*

Stop Smoking with Hypnosis

Larry Egly, certified hypnotist, is offering a free two session class, for a one on one individual class only, to help you quit using Tobacco. Larry is also offering a class on Anxiety and Stress. These classes are offered at both centers. Please call Larry to sign up at 630-9141.

Dining with Friends

Come join both centers at Olive Garden. Choose from a variety of delicious meals. An evening filled with fun, laughter & camaraderie.

DATE: JANUARY 11

TIME: 5:00-7:00 p. m.

ADDRESS: 2811 E. Central Texas Expressway Killeen



Lorries Birthday Jam

Join Lorrie to help celebrate her Birthday.

DATE: JANUARY 10

TIME: 9:00 a.m.

PLACE: Ballroom

Senior Citizens Advisory Board

January 9, 2017 at 4:00pm
Lions Park Senior Center

Senior Council Executive Board

- Bill Taylor, *President*
 - Roy Murray, *Vice President*
 - Arlys Hilliard, *Treasurer*
 - Susan McLinn, *Secretary*
 - Charlie King, *Parliamentarian*
 - Charlie Cahee, *Chaplain*
- Next meeting**

January 11, 12:30 pm at Bob Gilmore Senior Center.

****ALL CHAIRPERSONS
NEED TO ATTEND TO GIVE
THEIR REPORT****

Lions Club Park Senior Center
1700-B East Stan Schlueter Loop
Killeen, TX 76542-5485
Monday - Friday 8:00 a.m. to 4:00 p.m.

Open late on Tuesdays 8a.m.-9:30p.m.

Office: 254-501-6399

Fax: 254-501-6389

Website: www.killeentexas.gov

HOP Transportation: 254-933-3700 or 1-800-791-9601

LUNCH SERVED: 11:30 A.M.

\$3.00 per person, advance reservations by noon day before.

INSIDE THIS ISSUE:

MONTHLY EVENTS	2
WEEKLY PROGRAMS	3
MONTHLY	
LUNCH MENU	4
TOURNAMENTS	4

SENIORS ON THE GO

WESTERN CARRIBEAN

Departing from Galveston at 4:00 p.m. The second day is a fun day at sea. Arriving in Cozumel the third day, leaving at 6:00pm for Yucatan (Progreso) , then departing the next day at 6:00 p.m. Having another fun day at sea on the fifth day, arriving in Galveston at 8:00 am. A passport is required.

DATE: JANUARY 23-28, 2017

UPCOMING TRIPS 2017

BILOXI & NEW ORLEANS

APRIL 23-29, 2017

PACIFIC NORTHWEST

JUNE 5-12, 2017

Flying to Seattle then Busing to San Francisco

HAWAII

OCTOBER 26-NOVEMBER 4, 2017

Olga Cain 690-7320 or Bertie at 628-8191

More information about trips will be in future newsletters.

Special Thank for the Love Baskets

A very special Thank you to everyone that helped assemble the Love Baskets. Thank you to Crystal Smith for buying supplies. Skeeter & Gene Walker, San Juana Vargas, Mary Weygand, for reassembling them, Roxanne Flores-Achmad for buying more supplies to add to the baskets and the fabulous YAC's for their donations. And a very special Thank you to the six people who got out in the very cold weather and delivered them; Gene & Skeeter Walker, James Noack & Brenda Folsom and our own Parks and Recreation employees Sundae Hein and Jose Garcia you are all greatly appreciated, to do something so unselfish as to think of others. Skeeter Walker for making & donating the beautiful bows. Thank you Thank you.

Lots of people want to ride with you in the limo, but what you want is someone who will take the bus when the limo breaks down."

– Oprah Winfrey

JANUARY EVENTS & PROGRAMS

WACVA MEETING CHAPTER 94

The WACVA'S will having their monthly meeting in the Craft Room 1.

DATE: JANUARY 3rd & 10th

TIME: 6:00 - 8:00 p.m.

Blood Pressure Checks

Stop by the Center at any of the dates below to have your blood pressure checked from 9:30 - 11:00 a.m.

METROPLEX HOME CARE

JANUARY 17 & 24

AARP DRIVER SAFETY COURSE

Ken Murray will be conducting a safety class. Please contact the information and pre-registration.

DATE: FEBRUARY 13

TIME: 9:30-2:00 p.m.

COST: \$15.00 AARP member/
\$20.00 non-member. This course does not dismiss a ticket

Remember, eyes may provide sight.
But it's the heart which gives insight.

MONTHLY MOVIES

This month's classic movie will be *Clambake* an Elvis Presley movie.

The new release movie will be *Troll*.

JANUARY 5 Classic

JANUARY 19 New Release

TIME: 12:15 p.m.

COVERED DISH LUNCHEON

We will be celebrating JANUARY birthdays. **Don't forget your covered dish enough to feed six people or \$5.00 per person.**

DATE: JANUARY 25

TIME: 10:30 a.m.

LORRIE'S JANUARY SCHEDULE

LORRIE's AEROBICS CLASS 2pm TUESDAY

LORRIE's CIRCUIT & STRENGTH
TRAINING 2pm WED & 9am FRI

LORRIE's SIT & BE FIT 10am FRIDAY

LORRIE's ZUMBA 10:30am FRIDAY

EXERCISE EQUIPMENT ORIENTATION

CLASS FRIDAYS 8:15a.m. (1/2 Hour Class) Please note: This class is *mandatory* for members who want to use the exercise equipment or be in the Exercise Room.

BINGO

Are you feeling lucky? Come play BINGO! Try your luck for groceries and fun. ***WACVA Chapter 94, Creekside Terrace Rehabilitation, Senior Care Center & Compassionate Companions*** is providing our prizes for Bingo for groceries. Thank you to all of you for providing groceries for the month of December.

DATE: JANUARY 27

TIME: 1:00 p.m.

MONTHLY BREAKFAST

Our kitchen angels of our Senior Center will be cooking us a delicious breakfast, the second Monday of the month. For only \$2.00 per person.

DATE: JANUARY 9

TIME: 8:00 - 9:00 a.m.



Trudy's Women's Bible Study

Trudy Perrault is teaching a Women's Bible Study at the LCPSC Monday from 10 -11a.m. If you have a bible please bring it, otherwise some will be on hand. The group will meet in Craft Room 1 (Pottery Room). All ladies are invited to participate.

WEEKLY PROGRAMS & GAMES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8:00
a.m.RIPPED Class w/
Teresa FRC

8:30 Chicken Foot

Walking @ Killeen Mall

Spinner Domino

8:15 Exercise
Equipment Orientation9:00
a.m.Computer class w/Roy
Intermediate LevelInternational
Dominoes

"42"

Computer Class w/ Roy-
Intermediate LevelComputer/Printer
Orientation &
Beginners Class w/Roy
DominoIntermediate Line
Dancing w/Lorrie

TOPS Meeting

9:30
a.m.

Art Class w/Ken

Free Blood Pressure &
Glucose Testing by
HEBCircuit Training w/
Lorrie10:00
a.m.Trudy's Ladies ' Bible
Study

Line Dancing w/Paul

Bible Study

Ripped Class w/Teresa

Sit & Be Fit w/Lorrie

10:15
a.m.

Bridge Practice

9:30-3:30 Quilting

11:00
a.m.Pickleball Killeen
Community CenterPickleball Killeen
Community Center10:30-11:00 Zumba w/
Lorrie10-11:30 International
Dominoes12:00
p.m.Canasta
MECCA-OL' Time
Music

Bridge

Train

Pottery w/ Marty

10:30 Learn to Read
Music & Play Electronic
MIDI Keyboard8-Ball Pool
Tournament10-Ball Pool Tourna-
ment12:30
p.m.Gin Rummy
Busy Bee Scrapbook-
ing/Card making Class
w/DebbieBid Whist
Cribbage

Gospel Sing-a-long

Bid-Whist

12:15 Spades

Gin Rummy
Texas Hold "EmKnitting & Crocheting
PinochleGin Rummy
Bid- Whist1:00-
4:00
p.m.2-4 Lilly's Hosanna
Korean Dance GroupAerobic Exercise w/
Lorrie1-4 LSCPC & BGC
Bowling League
Circuit Training w/
Lorrie1-2 Tai Chi w/
Brigitte@ LCP Family
Rec
2-3 Yoga w/ Brigitte1-3 Bingo for Groceries
last Friday of the month2:30
p.m.Technology for Seniors
w/Dr. Kott& Roy1:45 Line Dancing w/
Lorrie4-6
p.m.Lilly's Hosanna Ko-
rean Dance Group6:30-
9:30Tuesday Night Dance
WACVA Meeting

Latin Dance Night

Mark your calendars - We are going to have a **Latin Dance Night** at the Killeen Community Center. Our **DJ Paul Racicot** will play your favorite Salsa/ Merengue/ Bachata/ ... you name it... hits! Paul has gigabytes of music and he will make sure to bring them that night. Admission to the dance is \$4.00 per person. Also, please bring a snack to share. **Adult guests of members are welcome to this special dance night.**

DATE: JANUARY 19

TIME: 6:30 – 9:30 p.m.

Pottery

Every THURSDAY from 12-2 pm

This class is for anybody - beginner, intermediate or professional. If you're new to the class, instructor Marty Stanek - who is a professional potter - will give you an introductory lesson about clay, the facilities and safety. You can then choose your own project, either for a utilitarian or decorative piece, and Marty will assist you. He teaches all techniques (sculpting and potter's wheel)! The class is free of charge, however the cost for the earthenware clay is \$1 per pound which includes the finish and glazing.

Visit us online at www.killeentexas.gov



Lunch is served daily at 11:30 a.m. \$3/person. **Menu subject to change.
****NOTE**Reservations must be made by noon the day before.**

Mon	Tue	Wed	Thu	Fri
2. CENTER CLOSED	3.Lasagna & Salad	4.Spaghetti & Garlic Bread	5.Spanish Baked Chicken	6.Baked Catfish
9. Chili Mac	10.Chicken & Dumplings	11.Chili w/ Beans	12.Hamburger s & Fries	13.Fried Catfish
16. CENTER CLOSED	17.Bratwurst & Onions	18.Meat Loaf & Mashed Potato	19.Spanish Pork Chops & Rice	20.Baked Catfish
23.Beef & Broccoli	24.Chicken Spaghetti	25. Covered Dish Luncheon	26.Turkey Sub Sandwiches & Chips	27.Fried Catfish
30.Hotdogs, Mac & Chees	31.Chicken Noodle Soup			

TOURNAMENTS

BRIDGE	JANUARY 9th 12:00 p.m.
10 BALL POOL	EVERY TUESDAY 12:00 p.m.
8 BALL POOL	EVERY THURSDAY 12:15 p.m.
CRIBBAGE	JANUARY 10TH 12:30 p.m.
PINOCHLE	JANUARY 5th 12:30 p.m.
42	JANUARY 11th 9:00 a.m.
DOMINO	JANUARY 13th 9:00 a.m.
CANASTA	JANUARY 11th 12:00 P.m.
TRAIN	JANUARY 11th 12:00 p.m.
SPADES	JANUARY 13th 12:00 p.m.
INTERNATIONAL DOMINO	JANUARY 17th 9:00 A.m.
TEXAS HOLD "EM"	JANUARY 11th 12:30 p.m.

COMPUTER / PRINTER ORIENTATION w/ Roy - FRIDAYS 9a.m. (Library)

This class is mandatory for members who want to use the Lions Club Park Senior Center's computers and printer.

Technology Class for Seniors with Dr. Kott and Roy

Every MONDAY in JANUARY at 2:30 p.m.

Dr. Kott and Roy will cover a number of topics in their technology class: Drop Box (Cloud Storage), YouTube, Google and other online services, AOL & security and malware. Please bring your laptop or tablet to the class, if you have one. Every Monday in January at 2:30pm in the Meeting Room.

Mourning Glories (GRIEF GROUP)

TUESDAY, January 28 from 10-11:30a.m. in Craft Room 1 with Belinda Johnson, Harper Talasek's Funeral Director.

Are you interested in sharing a skill with our Seniors? We need Volunteers to teach classes.

Both Centers will be closed JANUARY 2ND IN OBSERVENCE OF NEW YEARS & 16th IN OBSERVENCE OF MARTIN LUTHER KING JR.